# **Needham Youth Services**

## Free Summer Programs...for Youth and Parents

#### Registration begins on May 5, 2014

### Project VAN (Volunteers Around Needham)

Funded by the Needham Community Council, Project VAN provides an opportunity for youth entering grades 8-12 to provide valuable community service to organizations in Needham. Youth can register for just one day or for multiple days. Contact Michelle Butman at <a href="mailto:mbutman@needhamma.gov">mbutman@needhamma.gov</a> or 781-455-7500 x266 to be added to the registration list. A brief meeting will be scheduled to match youth interests with available sites. Learn more at <a href="www.needhamma.gov/youth/projectvan">www.needhamma.gov/youth/projectvan</a>



2014 Dates: July 8, 9, 10, 15, 16, 17, 22, 23, 24, Time: 10:00am – 2:30pm

#### **EXTREME LOOKS**



In collaboration with the YMCA, this free four-day workshop will explore how the media goes to extremes that distort girls' self-esteem, body-image, and perceptions about relationships. The program is open to girls currently in 6th, 7th, and 8th grades. For more information please contact Katy Colthart at <a href="mailto:kcolthart@needhamma.gov">kcolthart@needhamma.gov</a> or 781-455-7500 x264. Learn more at: <a href="https://www.needhamma.gov/youth/extremelooks">www.needhamma.gov/youth/extremelooks</a>

2014 Dates: June 23-26 Time: 1:00pm - 4:00pm

#### SINGLE PARENT SUPPORT GROUP

Being a parent is something you wouldn't change for the world —but doing it alone can sometimes drive you to exhaustion. Are you a single parent interested in participating in a group addressing such issues as time management, raising healthy children, and taking care of yourself? This is a FREE six week program, childcare is provided, and a light dinner will be served to both parents and their children. The group will be limited to 12 participants, and all conversations will remain confidential.



For more information or to register please contact Katy Colthart at <a href="mailto:kcolthart@needhamma.gov">kcolthart@needhamma.gov</a> or 781-455-7500 x264. Learn at: <a href="mailto:www.needhamma.gov/youth/singleparent">www.needhamma.gov/youth/singleparent</a>

2014 Dates: Tuesdays, July 15, 22, 29 and August 12,19, and 26 Time: 6:15 — 7:45 pm

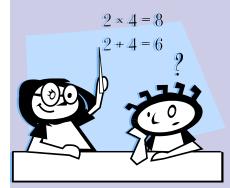
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# **Upcoming Fall Programs...**

### Applications will be accepted starting May 5th



## PEER TUTOR PROGRAM

The Peer Tutor Program matches high school students (tutors) with youth entering 3<sup>rd</sup> through 8<sup>th</sup> grades (tutees) who have shown a need for additional academic support. The program provides a supportive learning environment where tutees can gain confidence, improve school performance and study skills. Pairs meet weekly from October until the end of the school year. We are currently recruiting new tutors <u>and</u> tutees for the

2014/2015 academic year. Applications are due no later than June 6th.

Applications and additional information are available at <a href="https://www.needhamma.gov/youth/peertutor">www.needhamma.gov/youth/peertutor</a> or at the Needham Youth Services office, 1471 Highland Avenue (Town Hall).

For more information contact Michelle Butman at mbutman@needhamma.gov or 781-455-7500 x266

## Valuable Interactions among Peers (VIP)

VIP is a free peer mentoring program designed for high school students (Big VIPs) and elementary students (Little VIPs) in 3rd through 5th grades. The goals of the program are for Little VIPs and Big VIPs to spend quality one-on-one time together, to have a safe place to come to interact and play, and to build connections assisting all students in gaining confidence and building self-esteem. VIP runs on Tuesday nights from November to mid April. We are currently recruiting new "Little" and "Big" VIPs for the 2014/2015 academic year.



Applications and additional information are available at <a href="https://www.needhamma.gov/youth/vip">www.needhamma.gov/youth/vip</a> or at the Needham Youth Services office, 1471 Highland Avenue (Town Hall).

For more information contact Katy Colthart at

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